

THINGS TO DO IN
Puerto Vallarta



MEXICAN
DESTINATIONS





Mexican Destinations is the premier choice for exclusive luxury villa rentals in Puerto Vallarta, Punta Mita, San Miguel de Allende, Cabo San Lucas and more.

Our mission is to provide guests with unmatched quality, value and customer satisfaction. In addition to providing you with a luxurious private residence, Mexican Destinations is dedicated to delivering the finest level of service during your stay in Puerto Vallarta. Let our villa concierge assist you with all of your plans, including airport transfers, dinner reservations, a zip line tour, or a private sunset cruise. Whether you are looking for a romantic getaway, a vacation with the family or planning a special event, we will exceed your expectations with our service and destination expertise.



MEET ROBIN

robin@mexicandestinations.com

My love for Mexico began 23 years ago when my father bought land in a little town called Todos Santos. Since then, I have been passionate about the spirit of the Mexican people. I have driven myself all over Mexico to experience its villages and to take in the colorful local culture.

Spending time in my second home in Mexico each year, I am well acquainted with the villas we represent and can share my firsthand knowledge with clients and recommend many interesting local activities.

Mexico is dear to my heart, so I am always thrilled to listen to my client's needs and find them the perfect villa.



MEET NOELLE

noelle@mexicandestinations.com

Having worked in the travel industry since college, I have been able to see the world.




Since being given the opportunity to explore such places as Puerto Vallarta, Punta Mita and San Miguel de Allende, I've never looked back. In fact, all of my international travel in the past 3 years has been south of the border. I've been spoiled beyond belief!

Through my travels, I have stayed in the most extraordinary homes, experienced exceptional service and enjoyed exciting adventures. I've done everything from zip-lining through the jungle to fishing for tuna and kayaking the natural preserve of Los Arcos.

I love nothing more than sharing my destination expertise and appreciation for Mexico with clients.



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 www.mexicandestinations.com



*Welcome
to
Puerto
Vallarta*



MEET OUR CONCIERGE, TONI GONZALEZ

Toni assists our guests in creating the perfect vacation. She makes certain that food is pre-stocked upon request and that any special arrangements are accommodated. She takes pride in her customer service and is savvy at arranging a multitude of activities, from massages to zipline tours, which will make your vacation unforgettable.

Toni is a native of Cuautla Morelos, Mexico, is fluent in English and has lived and worked in Puerto Vallarta for many years. She joined the Mexican Destinations team in 2006.

Contact: If you would like Toni to arrange one of the fabulous activities listed below, please feel free to contact her by phone at:

Calling from the U.S. and Canada: Dial 011 (international long distance code) plus 52 (country code for Mexico) plus 322 (area code for Puerto Vallarta), then the number.

Calling within Mexico: Cell: 145 2972, Office: 221 0438

Calling Internationally: Cell: 011 52 322 145 2972, Office: 011 52 322 221 0438

Email: toni@mexicandestinations.com.

If you would like to book an activity yourself, please note that, in most cases, the phone numbers listed here are as dialed from Puerto Vallarta. For area codes in other cities in Mexico check with an operator, or go to www.telmx.com.

AIR TOURS

You'll have the unique opportunity to step back into a different world, from the pre-Hispanic civilizations to the very spirited present. In the company of expert guides, you'll see the best of the country's natural and cultural aspects, from the indigenous cultures of the Huichol Indians, the colonial towns of San Sebastian and Mascota to the ceremonial religious Center of Talpa.

Air Adventures gives you a rare chance to feel the pulse of Mexico. No other itinerary offers such spectacular possibilities as these, along with intense cultural experiences that bring you closer to the soul of this extraordinary Country than you ever thought possible.




Time: Every Friday, from December to April, at 8.30 am from the Aerotron Aerodome next to the Puerto Vallarta International Airport.

Length of Tour: 6 hours

What's Included: Round- trip flight, soft drinks and knowledgeable guides. We recommend that you wear comfortable shoes and bring a light sweater with you.

Vallarta Adventures Contact: Direct +52 (322) 297.1212 - Toll Free from US & Can - 888.526.2238 - Toll Free within Mexico 01.800.0000.823
www.vallarta-adventures.com

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ART CLASSES

Learn or improve your artistic technique and create your own work of art. The Centro Cultural Vallarta offers classes in watercolors, sketching, silk painting and pottery.

Location: Located on the eastern end of Rio Cuale Island Aquiles Serdán street #437 phone: 223 0095,

Instructors: Class instructors are local artists, Javier Niño, Angeline Kyba, Meridy Volz, and Geoff Watkinson, to name a few. Another option is Nude Studio 176-A Corona phone 222-6353 or Your Creative Awakening #550 Hidalgo, phone 222-7365.

ART GALLERIES

Vallarta has a number of great art galleries, most of which specialize in Mexican and Latin American art. Be sure to check with the galleries, as there are frequent cocktail openings where you can meet the artists. Some galleries worth visiting are:

Galeria Pacifico: 222-1982

Café des Artistes Galerie: 223-0006

Galeria Arte Latino Americano: 222-4406

Galeria Dante: 222-2477

Galeria Uno: 222-0908

Galeria Omar Alonso: 222-5587

Judith Swing Morlan Contemporary Art: 223-2179

Gradita: 222-7143

ATV/MOTORCYCLE

(Semi automatic ATV's) Drive into the hills to typical Mexican villages. Come and discover an amazing jungle, birds, flowers, great views and a relaxing spring bath. Along the way you'll learn about traditional cultures and customs. Admire the wonderful sightseeing and your tour guide will share interesting agricultural information and descriptions of the farmers' way of jungle life.

Recommendations: Long pants, tennis shoes, camera, suntan lotion and extra clothing.

Operates: Daily morning ride

Hours: 9:30am to 1:30pm (3 hours), Daily afternoon ride 1:30 pm to 4:30pm
We supply helmet, goggles and bandanas. Tequila Gallery tour included.

Pick Up Point: Basilio Badillo No. 400, Col. Emiliano Zapata in front of the CMQ hospital. 223 9721

Art

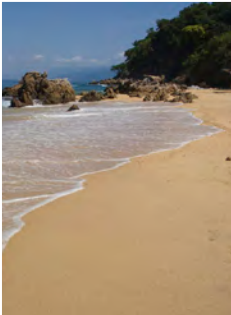


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Beaches



BEACHES

Los Gatos, the beach that adjoins the Cuatro Villas, is sometimes rocky, or sandy, depending on the last storm. The beach at the Dreams Hotel is beautiful and private. The Dreams charges an \$85.00 per person per day to use their facilities (no charge if you are just coming to dine). We enjoy the beach in front of El Set restaurant, where there is decent snorkeling off the rocks. Los Muertos Beach, by Daiquiri Dick's, has the most action.

For more remote beaches, you can go south to Playas Gemelas and Mismaloya, or north to Bucerias, Destiladeras and El Anclote. Some of the southern beaches such as Las Animas, Quimixto and Yelapa are accessible only by boat - a wonderful trip for a nice, relaxing getaway.

BICYCLE TOURS

Eco Ride is a young mountain bike tour company providing several levels of riding terrain. As Puerto Vallarta is surrounded by the mountainous jungle of the Sierra Madre and situated on the shores of the Pacific ocean, this means great mountain biking.

Contact: www.ecoridemex.com 222-7912 or call our concierge Toni at 145 2972

Terrain: Dirt road

Length of Ride: 3.5- 6 hrs approximately (depending on ability), lunch is included.

BOAT TOUR-PRIVATE CHARTER

Sailing, Fishing and Snorkeling Tour: All of our exciting snorkeling, fishing and bay tours include expert guides, excellent snorkeling and fishing equipment.

Charters: 4 Hours, 6 Hours, 8 hours, 12 hours and Customized tour.

Contact Mike's Fishing at: www.pvmikesfishing.com 044 (322)135 6199




Or you can contact our representative in Puerto Vallarta Toni Gonzalez toni@mexicandestinations.com or call her at 145 2972

BOAT TOURS-ON A PANGA

(Mexican Boat): If you want to go on your own to the beaches accessible only by water or would like to snorkel or fish in the bay, you can hire a panga (fast outboard) at the pier on Los Muertos beach. If you have a car (or take a taxi or bus) it's less expensive to drive south to Mismaloya or Boca de Tomatlan to hire a panga - an interesting drive and shorter boat trip. It is OK to bargain with the captains of these little boats. Be sure to check that the boat has the fishing or snorkeling gear that you need.

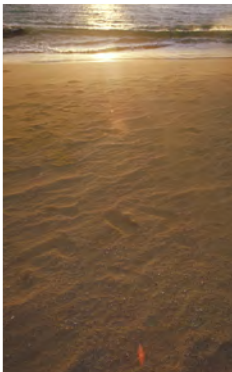
Panga to Yelapa: Yelapa is an old charming Mexican fishing village set in its own natural cove. However, since there are no roads in this tropical paradise, it is only accessible

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Sunsets



by boat. This tiny village is a true escape from civilization. If you love the outdoors and want to spend time exploring nature, this idyllic spot is perfect for you. Hike through the jungle to the Cola de Caballo waterfalls, horseback ride along the inland river, swim or snorkel in the cove's protected waters, or just relax on the expansive sandy beach.

Panga to Explore Secluded Beaches: The small fishing village of Boca de Tomatlan is Puerto Vallarta's south shore water taxi departure point, with small motor boats or 'pangas' traveling regularly to some of the most secluded beaches in the bay, including Las Animas and Quimixto. You can easily reach both of these destinations by boat in less than 15 minutes, after which, you will be able to relax under a palapa, enjoy a hearty Mexican lunch and a cold cerveza.

- ♦ **Quimixto Islands:** Tourists are quite unaware that this secluded spot exists. The village is quiet and offers a few shops, but most people come to enjoy the horseback riding and jungle explorations. If you have a free day, spend it here. You will love the boat ride and activity on the island.
- ♦ **Las Animas Islands:** The land stretches forever and gives the visitor plenty of room to roam. Many activities are available to occupy your time. Both water activities and jungle jeep excursions are available. You can also find horseback rides here. La Cueva de Los Piratas is the local beach restaurant where you can satisfy your hunger after a busy day of playing. Be sure to make advance reservations before you arrive at this beach if you plan to participate in activities.

BOAT TOUR SUNSET CRUISE

Rhythms of the Night Cruise: Your adventure begins with a scenic sunset cruise across Banderas Bay to the isolated cove of Las Caletas. Dinner is served at secluded beachside tables bathed in the soft glow of candles. After dinner, a hypnotic performance will keep you spellbound, the stories of an ancient civilization are revealed through music and modern dance as one of Mexico's most innovative contemporary dance troupes takes you on a magical and mystical journey through time. After the Show, you'll have time to relax before wrapping up a perfect evening with a nightcap and dancing under the stars on the short cruise back to your point of departure.

Time: Monday-Saturday at 7:00 pm from the Puerto Vallarta Maritime Terminal




Length of Tour: Approximately 5 hours

Included: Open bar, dinner and a contemporary dance show.

We recommend that you wear comfortable shoes and bring a light jacket or sweater with you. "Rhythms" is a romantic evening especially designed for adults and couples. Children must be at least 10 years of age to participate.

Call Direct: 297 1212 or Toni, our concierge.

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Boats



BOAT TOUR FOR FAMILIES WITH CHILDREN

Pirate Land Morning Tour: This spectacular voyage, filled with adventure and fun, relives the heroic feats of Captain Crispin the Terrible ... Wanting to steal Captain Sam's gold, his galleon and his sister, he finds himself facing problems worse than he had ever imagined. These cause him to wage a funny and entertaining battle that will make you laugh to tears. A welcome reception from 8:00 a.m. by two weird pirates at the Terminal Maritime (port) Breakfast served from 8:00 a.m.

Time: Monday to Saturday 9:00 am to 3:30 pm

Book Direct Online: www.piratesonthebaypv.com or, call Toni.

BOAT TOUR FOR ADULTS ONLY

Pirates of the Bay: Sing, dance and laugh until you cry during the entertaining shows and contests by the pirate crew. Feast on a delicious dinner. Your adventure includes a fascinating pre-hispanic fire ritual. Top off the enjoyable night under a shower of fire-works. A welcome reception at 5:00 p.m. by pirates at the Terminal Maritime (port).

Included: Pirate show, dinner with three menu choices.

Time: Monday to Sunday 5:00 pm to 10:00pm

Book Direct Online: www.piratesonthebaypv.com or, call Toni.

BEAUTY TREATMENTS

All services available in the comfort and privacy of your villa.
Just to name a few of the treatments:

Sea Salt Exfoliation: A treatment that invigorates, exfoliates and cleanses with a natural bristle brush: using sea salts and sea weed cream. It ends with a ten minute relaxing massage.




Clay Treatment: A creamy mud mask that creates a soothing and anti-inflammatory effect, absorbing body heat and has an antiseptic property that also helps to soften stretch marks. It ends with a ten minute relaxing massage.

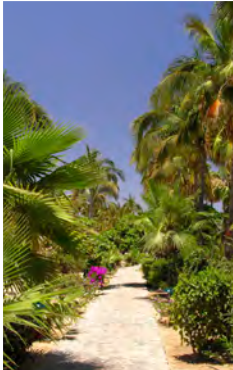
Hydrating Facial: A treatment that cleans, moisturizes, nourishes and revitalizes the skin, ending with a light massage.

Avant Garde Facial: A specific treatment for your kind of skin, enhancing the importance of the lymphatic drainage massage. This treatment releases the toxins and dead cells of the cutaneous system, activates the blood stream and the lymphatic fluid. This sophisticated technique not only creates a local effect, but also influences the well being of the entire body.

Reservations: Call Shanty Healing Center at 222-5400 or contact our concierge Toni at 145 2972

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*Gardens
and
Tours*



BOTANICAL GARDENS

Puerto Vallarta Botanical Gardens is an educational research center and pleasure garden high in the glorious Sierra Madre Mountains. These gardens are easily accessible just 12 miles south of Puerto Vallarta. Located on 24 acres of land, our botanical collections feature over 3,000 different species of plants. The gardens are in a unique tropical dry forest ecosystem at 1,300 feet above sea level. We can arrange to have our driver, Noe, take you in an air-conditioned suburban.

Time: Open Tuesday - Sunday 9:00am to 6:00pm (Closed Mondays, September and October (reopening November 1) Christmas Day, New Year's Day.

Contact: www.vallartabotanicalgardensac.org 223-6182

When you go to the Botanical Gardens, you go right by the turnoff for Canopy Adventure tour, so it is a good idea to combine the two. When you make your reservation with Canopy, ask them about combining with a Botanical garden tour. There are now several copycat canopy tours. The only one you want is the one we list below.

CANOPY ADVENTURE: *The first and #1 Canopy Tour in Puerto Vallarta!*

Come and join us for a day of multiple adventurous activities at our one-stop destination! At Los Veranos Canopy there is something for everyone. This unique and exciting tour provides you with a bird's eye view of indigenous plant and other jungle life as you ride 14 zip lines from treetop to treetop through the jungle!

After the tour, plan to refresh yourself in the river, enjoy tasting tequila in the tequila bar, visit and interact with the animals in our zoo and have a fabulous meal in the riverside restaurant!

Los Veranos Canopy Tour: 223-0504 or 223-0649

Contact: info@canopytours-vallarta.com, www.canopytours-vallarta.com
or call Toni Gonzalez for reservations 145 2972 or 221 0438

CAR & DRIVER




Air conditioned suburban and vans are available

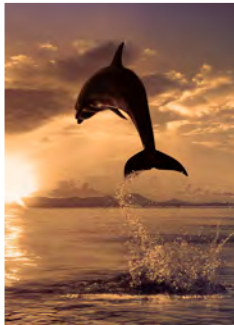
Contact: Call Noe (our driver) direct: 145 3680 or, Juan: 044(322) 139 1677.
The drivers speak English. You can contact Toni Gonzalez for reservations
145 2972 or 221 0438

CITY TOURS

The best way to learn the history of Puerto Vallarta and see highlights like the new and old Vallarta is by air-conditioned transportation with a professional bilingual driver/guide. It's a three hour tour, minimum 4 persons in automobile, minimum 6 persons in suburban, minimum 32 persons in bus.

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Dolphins



Contact: Call Noe (our driver): 145 3680, or, Guia de Turistas office 225 3166 ask for Pedro Gonzalez 044(322) 228 5948 or contact our concierge Toni at 145 2972

Trolley: This open-air trolley will take you on a short tour of the city. It leaves from downtown in front of McDonald's every 30 minutes between 10:00 am and 10:00 pm.

CROCODILE FARM

Learn about and experience these impressive reptiles at the "Cipactli" at the University of Guadalajara - Vallarta campus. They need at least 4 people to make the tour. 9:00 am to 3:00 pm, 5:00 pm to 7:00 pm.

Contact: Phone 226-2200 ask for Elios Fernandez.

DEEP SEA FISHING

The fishing seems to be the best in the summer and fall but we catch sail, dorado and sierra all year round. The best fishing is usually off Isla Corbeteña about 30 miles out, so it pays to take a fast boat! There are a number of boats available at the fishing docks near the marina.

Contact: We like Ernie Pigati for Bass fishing at 224 2203 or call Toni Gonzalez to make arrangements with Ernie or other deep sea fisherman. 221 0438 cell 145 2972

DOLPHINS: SWIM WITH THE DOLPHINS

This is one of the greatest experiences in Vallarta. You can swim with the dolphins at Nuevo Vallarta daily except Sundays. Only 12 people swim per session. Swimming with the dolphins is very popular and often booked up many months in advance. You can also email Toni to book toni@mexicandestinations.com.

Contact: We recommend you call Toni Gonzalez Puerto Vallarta office 011-52(322) 221 0438 from the states or 221 0438 dialing from Vallarta.

FLEA MARKET

A fun place to shop for all of those Mexican souvenirs. The market is located at the upper bridge on the north side of the Rio Cuale River, on the corner of Insurgentes and A. Rodriguez. Look for the "Fisherman Statue". Open 9:00am to 6:00 pm daily.

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Golf



GOLF

Puerto Vallarta is getting recognition as the premier golf destination in Mexico and one of the top golf resorts in North America. There are a number of world-class golf courses near the villas. For a complete guide on the Vallarta courses and those close to Vallarta please go to the end of this section.

GYMS

There are many well-equipped gyms and spas in the area.

Gold's Gym and Spa: This gym has everything, including state of the art equipment, classes, a climbing wall and sweat lodges. Located in the hotel zone near the Hotel Las Glorias 225-6671.

Westin Regina Spa: 221-1100,

Paradise Village Gym & Spa in Nuevo Vallarta: 226-6770

Dreams Hotel Fitness Center: 226 5000

Vallarta Fitness: In Galerías Vallarta shopping center www.vallartafitness.com

Acqua Day Spa: In the Zona Romantica, Old Town Constitución #450, corner of Fc., Rodríguez. 223-5270

Complete equipment for cardio (bikes, elliptic equipment and weights)

Time: Open Monday to Friday 7am to 8pm , Saturday 7am to 4pm

HAIR SALON




Italian Hair salon- not like any other salon in our area. Offers a professional private atmosphere where you can relax while your hair is being styled. Italian Hair salon is a full service salon for all your beauty needs, such as hair treatments, highlights, hair cut, and color. You can also have most services in the comfort of your villa. Estetica Italiana 222 7035 ask for Mauro or call Toni Gonzalez at 221 0438 or cell 145 2972.

HEALTH SERVICES

In case of emergency, several hospitals offer bilingual services with North American standards. The following offer 24 hour urgent and emergency care and they accept most medical insurance programs for emergency services.

- ✦ **Servicio Médico de la Bahía:** Tel. 222 2627 Dr. Romo
- ✦ **Ameri-med:** Tel. 226-2080
- ✦ **Medasist:** Tel. 223-0444
- ✦ **CMQ:** Tel. 223-0011
- ✦ **Red Cross:** Tel. 222-1533

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Villas



HIKING

Hiking from Boca: Our driver, Noe, will pick you up at the villa and drive you to Boca de Tomatlan (25 minute drive south) where he then walks with you to Las Animas and back. You will walk along a mountainside trail (with ocean views). Halfway through the hike, you will reach Colomitos Beach, and eventually the beach at Las Animas. You will have lunch in Las Animas.

Time: Hiking with Noe-Monday thru Sunday

Length Tour: 5 hours aprox.

Minimum: 5 people

Includes: Transportation & water bottle

Call Noe: 145 3680 or Toni 145 2972

Hiking in the Sierra Madre: Discover the beauty of the Sierra Madre! Our adventure begins in the low lands of the Sierra Madre and slowly we'll start to gain altitude. Be surrounded by the magnificent deciduous tropical forest, with its huge trees like figs, paper trees, and sand box trees, among many others.

Contact: Ecotours for hike descriptions. 222 66 06
or email: www.ecotoursvallarta.com

Pick up: Pick up point at Ecotours office in Downtown. (Ignacio L. Vallarta #243)

HOME TOUR-PUBLIC




The International Friendship Club (IFC) offers tours every week, mid-Nov.-mid-April, on Wed. and Thurs. at 10:00. See 4 beautiful homes in the Puerto Vallarta area. Funds from the tours are used for projects to improve the lives of the children of Vallarta, such as: cleft palate clinics, scholarships, beans& rice program, libraries and more. The tours and ticket sales are at Andale on the Bay, located on Calle Olas Altas. Tickets go on sale at 9:00am.

Information: Call 221-5681. The tour takes approx. 2 1/2 hrs.

HOME TOUR-PRIVATE

If you would like to visit our exclusive luxury villas in Puerto Vallarta, please call Toni Gonzalez, our local representative, to arrange your reservation in advance 221 0438 or cell 145 2972. Tour will be subject to villa rental availability.

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Horses

HORSEBACK RIDING:

You can rent horses along the beach at the park near Daiquiri Dick's Restaurant. But, if you are a serious rider or want to really see the backcountry, we suggest that you contact our American friend, Pam Aquire. Pam can arrange individual or group trips lasting three hours to six days.

Contact: Pam at Rancho Charro Stables 224-1114. Cell phone is 044(322)294-1689. aquire@pvnet.com.mx www.ranchoelcharro.com

JEEP TOURS

If you are really adventurous, you can rent a jeep for the three or four hour drive to visit the old mining town of San Sebastian, high in the Sierra Madre Mountains. It is a spectacular drive, but a long trip for one day. You might want to leave about eleven, take a picnic, spend the night at the little inn on the square and come back the next morning.

Contact: For information on other tours, check with any of the jeep rental companies located throughout town or Please call Toni Gonzalez, our local representative, to arrange your reservation 221 0438 or cell 145 2972.

JUNGLE TOUR

Your official tour guide will take you around Puerto Vallarta's tropical jungle mountains and rain forest, while learning about the local flora and fauna along the way. You will stop by and tour the tequila shop and enjoy a free tasting of different brands. It's a five hour tour in an air-conditioned van with a professional bi-lingual driver/guide. Minimum 6 persons in Suburban. Don't forget to bring your camera, towels, tennis, shoes, bug repellent and lots of film.

Contact: Call Noe (our driver) direct: 145 3680. Or, contact Toni, our concierge.

KAYAKS

For a fun day exploring our beautiful bay, rent an ocean kayak.




Dreams Hotel: 226-5000 ext 5235 ask for Roberto.

MANICURES - PEDICURES

Available in the comfort and privacy of your villa.

Reservations: Call Shanty Healing Center 222-5400, Ashley 145 7711 Marichuy 044(322) 160 5202, Maria 044 (322) 429 8285 Cuquita 222-1435, Phebel 222 5218 or call Toni Gonzalez, our local representative, to arrange 145 2972 or 221 0438

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Fiesta



MASSAGE

All services available in the comfort and privacy of your villa.

Offerings: Swedish massage, Shiatsu Oriental massage, lymphatic drainage massage, therapeutic massage and sports massage.

Appointments: call Shanty Healing Center 222 5400, Ashley 145 7711, Maria Gutierrez 044(322) 429 8285, Rosario Carrasco 044(322) 289 7651, or call Toni Gonzalez our, local representative, to arrange 221 0438 or cell 145 2972

MASSAGE-STONE THERAPY

Also known as Hot Rock Massage Therapy. Stone Therapy is one of the fastest growing massage techniques today. Stone Massage Therapy provides a deep warm, nurturing massage that is applied with soft, round and warm river rocks alternated with soothing cold marble stones that bring relief to inflamed sore muscles.

Contact: Paradise Village Spa, Nuevo Vallarta 226-6770

MEXICAN FIESTAS: RESTAURANT LA IGUANA FIESTA

Located in Lazaro Cardenas Street #311 in downtown. Held in downtown Puerto Vallarta at the town square, every Thursday night, this is the oldest and most traditional Mexican fiesta in town. Sit under the stars and watch mariachis and traditional Mexican dancing.




Runs: Thursdays and Sundays from 7:00PM to 11:00PM

Duration: 4 Hours Includes: Mexican buffet dinner, open bar, traditional Mexican dancing, singing and mariachi, charros with rope twirling, dancing horses and piñatas with souvenirs inside.

MONEY

The easiest way to obtain pesos is to use an ATM. The ATM will give you the best rate of exchange and fee; they are located throughout Puerto Vallarta. You may also exchange U.S. or Canadian Dollars at the airport upon arrival or at any one of our many banks or Casa de Cambios (money exchange booths), The ATM machines take all Cirrus, Plus, Star and most Internationally Networked cards. The ATMs are in English and in Spanish. Most of the banks require a passport to exchange traveler's checks. Credit cards can also be used at many places although some may charge you a 5% fee on top of the fee your bank charges you for out of country usage. Credit cards are best used for large purchases or in an emergency situation. If you want to use your credit card to withdraw money from an ATM or bank, you MUST know your PIN #. There is no way to receive a forgotten PIN # once you arrive in Mexico.

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Music

MOVIE THEATERS

There are three theaters which offer movies in English (with Spanish subtitles)

CINEPOLIS: Av. Francisco Villa #1642-A Phone: 293 6763

CINEMARK: Av. de Los Tules # 178, Plaza Caracol Phone: 224 8927

MMCINEMAS: Francisco Medina Ascencio #2920 Plaza Galerías Phone: 221-0095.

The showings are listed in the daily English paper -Vallarta Today and The Tribune and also on the bulletin board at Rizos Market. L'OPERA, a small theater venue, recently opened at #287-1 Encino (parallel to the Rio Cuale River on the north side). L'Opera shows movies and has other entertainment and is the only place in town that you can sip a glass of wine and nibble a sandwich while watching a movie. Pick up the current movie listing at the L'Opera location.

MUSEUM

Pre-Hispanic museum. Located on the island of the Cuale River on the end of the island closest to the ocean, Open from 10:00 am to 5:00 pm.

MUSIC

Everything from Mariachi to Trio is available in the comfort of your villa for your celebration.

Mariachi is the traditional Mexican way to celebrate. In the state of Jalisco, where Puerto Vallarta is located, Mariachi was born. There are several excellent Mariachis in Puerto Vallarta. The traditional full Mariachi is 10 to 15 musicians, although many Mariachis consist of fewer, while maintaining the same sound, so be prepared for some amazing music.




The Mexican Trio mixes the traditional folk and popular music of Mexico and the rest of the world. The harmony of the ballads and regional themes can range from a country music sound to the soft and romantic. Trios are often used like the Mariachi in Mexican celebrations.

Contact: Please call 044 (322) 728 9841 "Trio Los Rios" and ask for Antonio or call Toni Gonzalez, our local representative, to arrange 221 0438 or cell 145 2972

NIGHT LIFE

Puerto Vallarta offers a variety of night life. Check the local newspaper, 'Vallarta Today' or the 'Voice' to see what's hot or just stroll the Malecon and follow the sound of music.

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 www.mexicandestinations.com



Sailing

PARA-SAILING

Rides are available from many of the beaches, with the main town beach being Los Muertos. Just look for a parasail in the sky, you will find the guys selling the tickets on the beach where the sail lands.

PILATES: SEE YOGA

POLO CLUB

San Pancho's impressive La Patrona polo facility is an easy 50 minute drive north of Puerto Vallarta. Quality polo in a park-like atmosphere.

Excellent cuisine, a small art gallery and complimentary entertainment, ranging from pantomime to mariachi, La Patrona has become a new item on our to do list!

Time: Weekly Saturday tournaments. Starting time: 5:00 pm

Contact: (52) 311 258 43 78 or local: 133 26 01 www.polovallarta.com

REAL ESTATE

If you are interested in purchasing a vacation home in Puerto Vallarta, contact Kim Coates at: kim@mexicandestinations.com or US: 970 925 5823

SAILING, CATAMARAN & MOTOR YACHTS

Full day or 1/2 day packages and a variety of other pleasure boating options.

Contact: Call Toni 221 0438, cell: 145 2972

SALSA LESSONS

If you would like to learn salsa, lessons can be arranged in the privacy of your villa. Salsa is a Spanish word, which, when translated literally, means "sauce". Hot, spicy, and full of exotic Latin flavor, the Salsa is true to its name. People from around the world flock to nightclubs to take part in the music, the movement, and the experience which is Salsa. Our concierge Toni Gonzalez can arrange for private classes in the comfort of your villa.

Contact: Call her at 221 0438 or cell 145 2972

SCOOTER RENTAL

There are several locations around town. A fun trip is that which takes you up to the restaurant El Eden, above Mismaloya, to swim and have a bite to eat.

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Scuba



SCUBA DIVING

Chicos Dive Shop: 222 1895 www.chicos-diveshop.com

Vallarta Under Sea: 209 0026 www.vallartaundersea.com.com
which offers a variety of day or night dives.

Twin Dolphins: 293 1905 www.twindolphinssp.com

Scuba Dive Locations:

El Morro: Known for its series of pinnacles that rise from the floor of the ocean and riddled with dozens of caves and tunnels, waiting to be explored, in a lush undersea world that teems with life. It is located 26 miles out from Puerto Vallarta.

Chimo: The last true fisherman village. Dive site lies about 26 miles along the southern coast of the Bay of Banderas. It is reserved for certified divers only.

Los Arcos (The Arches) Underwater National Park: Los Arcos is the name given to the three huge rocks just off shore near Mismaloya. The name Los Arcos (The Arches) comes from the arching caves and grottoes that have been carved out by time and the pounding surf. The area is now a federal underwater park and eco-reserve. It sports some of the best underwater exploring along the coast, and several tours take visitors there daily. It is also home to many species of marine life.

Majahuitas Beach Paradise: Located on the south side of the Bay and only reachable by boat. The most beautiful beach in Vallarta, Majahuita Beach offers beautiful clear water for snorkeling and great dive sites. You can sunbathe or play volleyball and Frisbee without being bothered by beach vendors or crowds. Spend a wonderful day in the sun having fun.

Marietas Island Ecology Trip: This trip takes you to the magical islands, home of several endangered species of birds. Great diving through caves and tunnels. Visit Lovers Beach, which is accessible by a surface swim through an archway. All of these formations are volcanic. The boat ride offers the opportunity to view dolphins, giant mantas, turtles and Humpback Whales (Seasonal).

Night Dive Experience: The night dives are done in the "Shallows of Christ", which is located near Los Arcos. This is a reef dive where there are a large abundance of lobster, octopus and other marine life seen only at night (One tank dive).

SPAS

Mayahuel: The land where Vallarta sits is a special place inspired by the hands of a higher power. Mayahuel Spa is located at the highest point of Mismaloya El Eden, with magnificent views of the mountains and river, surrounded by ecological treats. Mayahuel offers several forms of healing and beauty treatments. El Eden boasts its Temazcal (Indian sweat lodge), which offers a rich therapy that promises a physical and spiritual cleansing based on aromatic herbs, mud, music therapy and massage. Monday thru Friday 11am to 4pm.

Reservation: Call Toni Gonzalez 145 2972 or 221 0438

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Surfing

SURFING

Destiladeras beach, in the little town of la Cruz of Huanacastle, lies approximately 20 kilometers north of Nuevo Vallarta and 2 kilometers south of Punta de Mita.

It is a favorite among surfers.

Sayulita beach, located 40 minutes north of Puerto Vallarta, is a quaint and popular village which offers beginner to intermediate surfing lessons.

TENNIS

There are courts at:

Marriot Hotel: 221-0004

The Presidente Inter-Continental Hotel: 228-0507

John Newcomb Tennis Center: 224-0123

Continental Plaza Tennis Center: 224-4360

Barcelo: 226-0660

Dreams Hotel: 226 5000

TEQUILA MAKING - LEYVA DISTILLERY

This small, family run business is located just a 15-minute drive north from downtown Puerto Vallarta. The tequila is produced with traditional hands-on techniques passed down through the generations, so only 60 liters of 100% agave azul tequila is produced each day. Your host, Don Marco, will walk you through each step of this tried and true process.

Locations: There are two locations, one in the north in Mezcales, Nayarit at #197 Puesta de Sol. The other one is in the south by Mismaloya.

Hours: Mon. – Sat. 9:00 am - 5:00 pm and Sundays 9:00 am - 1:00 pm. tour takes one hour. The tour and samples are free.

TEQUILA TASTING: LA CASA DEL TEQUILA RESTAURANT

Take the tequila challenge! Personalized tequila tasting from an extraordinary tequila collection.

Location: Located in an romantic old hacienda. Live music until 2:00 am. Light food available and the finest Cuban cigars, Morelos #589 - one block off the Malecon 222-2000

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Turtles

TOMCAR ADVENTURES

Situated in Rancho Las Vegas, in the heart of Puerto Vallarta. Upon arrival, your guide will provide a quick briefing on Tomcar's performance and provide key pointers about these easy-to-drive vehicles.

As the tour begins, drivers are guided out of town via low traffic residential streets to get a feel for their Tomcars. In a quick 10-15 minutes the convoy will arrive at the trailhead located at the base of the Sierra Madre Mountain Range – a real mountain jungle.

Drivers and riders will both enjoy an off road experience on the Puerto Vallarta ATV tours with plenty of varied terrain, exciting climbs, daring descents and passes over small creeks and rivers. The road winds up the mountain range giving you breathtaking views of the entire city of Puerto Vallarta and the surrounding jungle. About halfway through the tour you will have time to relax and enjoy lunch, explore the river or kick back in a shady hammock. After a nice break, the adventure continues in the Tomcar's with even more challenging jungle treks, river crossings and new places to discover.

Time: Approximately 3-4 hours. Tours depart for the Green Zebra base at 9:00 a.m. and 2:00 p.m.

Includes: Ice cold bottle water, goggles and bandanas. One of four lunch options at Rancho Las Vegas Restaurant including one non-alcoholic beverage

Other things to know: Main drivers are required to be at least 18 years of age and must show a valid drivers license. Children must be at least 4-years-old

TURTLES

In Mexico, turtles are protected and it is against the law to sell or consume turtle soup, turtle eggs, turtle shells, etc. During the summer months, the adult turtles return to our Vallarta shores to lay their eggs. Many hotels, who have protected nesting sites on their beaches, will allow guests to help the new hatchlings get from the nurseries to the open ocean; Rosita Hotel, Sheraton, Fiesta Americana, Westin Regina, Marriot Casa Magna, Sun Terra Vallarta Torre, Presidente Intercontinental and the Dreams Hotel. Inquire at the reception desk of the hotel nearest you about estimated hatching schedules and if you can participate in the release of the hatchlings.




WATER PARKS

Aquaventuras Park, now in Puerto Vallarta! www.aquaventuras.com 15 acres of pure fun, offering the entire family a day filled with action, adventure and entertainment. Experience speed and excitement on the 10 water toboggans. The smaller ones will have a great time at the children's area, and the older ones will be able to enjoy the pool area, restaurants, shopping, palapas and tanning decks. In addition, you'll be amazed with the dolphin shows, as well as the talented sea lions and birds.

Park schedule: Daily from 10:00 am. to 06:00 pm.

Location: Located past the entrance to Nuevo Vallarta near the bridge.

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Adventure

WHALE WATCHING

During the winter months, from November to March, it's not unusual to see whales in the bay from the terrace of your villa. Several companies will take you on the water to watch the whales close up. Toni will arrange for you to go with Oscar Frey from Ocean Friendly Tours.

Ocean Friendly Tours. Oscar is a marine biologist, a whale photographer, and is a consultant for the Department of Oceanography and Eco-Tourism. Oscar lives and breathes with the whales and gives small intimate tours for up to 8 people.

Contact: For an excellent tour, which includes lunch, call Toni Gonzalez at 221 0438 cell 145 2972.

Vallarta Whales: Oceanologist Izabela Cardenas (since 1995) has been participating in several research projects with The National Geographic Society, The Natural History Museum of Los Angeles County and with the Institute of Marine Sciences in Ensenada, Baja California. Her tours are designed for those who want to be in touch with nature and their environment, while having fun and enjoying unforgettable experiences and, due to the fact that we handle only small groups, make certain that you will enjoy your expedition to the maximum.

Contact: www.vallartawhales.com US/CAN Tel. 011-52-1-322-135-9260. From PV (044) 322 135 9260 Email: vallartawhales@gmail.com

YOGA (AND PILATES):

Davannayoga: Located on Calle Matamoros #542, Centro, 223 0530

Yoga & Pilates by Marcelo Mico: Located in Marina Vallarta, 209 0901. He also offers classes in the Presidente Intercontinental at the Aura Spa by appointment only, 222 7465

PV Yoga & Pilates by Nicolas: Located on Morelos Street #83, 044 322 149 9721

Yoga Vallarta by Paul Cardigan: Located on Basilio Badillo #325-3, 044 322 116 5809

Iyengar Yoga by Mikki: Email: energizevallarta@yahoo.com or cell 044-322-111-5567

Gyrotonic Pilates by Francisca: Private lessons only, located in Versalles (Hotel Zone), 044 322 104 8876

Arbol del Yoga & Pilates: Located in the Genovesa Mall (Hotel Zone), 044 322 140 3201



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